

# Lunch Menu

# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chicken & Dumplings Mixed Vegetables Peaches Milk	2 Ham & Cheese Sandwich On Whole Grain Bread Corn Fruit Cocktail Milk	3 Chuck Wagon Bread Green Beans Applesauce Milk	4 Salisbury Steak w/ Whole Grain Bread Peas Pears Milk	5
6	7 Whole Grain Chicken Dinosaurs Carrots Mandarin Oranges Milk	8 BBQ Pulled Pork on a W.G. Bun Mixed Vegetables Pineapple Milk	9 Cheeseburger on a Whole Grain Bun Corn Peaches Milk	10 Spaghetti Cheddar Cheese Green Beans Fruit Cocktail Milk	11 Whole Grain Fun Fish Nuggets Peas Applesauce Milk	12
13	14 Whole Grain Chicken O's Bread Carrots Pears Milk	15 Macaroni & Cheese Ham Cubes Mixed Vegetables Mandarin Oranges Milk	16 BBQ Rib on W.G. Bun Corn Pineapple Milk	17 Meatball Subs Mozzarella Cheese Green Beans Peaches Milk	18 Hot Dog on a Bun (I&T W.G. Chicken Nuggets) Peas Fruit Cocktail Milk	19
20	21 Whole Grain Corn Dog Nuggets (I&T Chicken O's & Bread) Carrots Applesauce & Milk	22 Rotini w/Chicken Sauce Cheddar Cheese Mixed Vegetables Pears Milk	23 Whole Grain Chicken Patty on a Bun Corn Mandarin Oranges Milk	24 Cheese Tortellini Mozzarella Cheese Green Beans Pineapple Milk	25 W.G. Steak Nuggets Peas Peaches Milk	26
27	28 Whole Grain Zoo Crew Nuggets Carrots Fruit Cocktail & Milk	29 W.G. Toasted Ravioli w/Marinara Sauce Mozzarella Cheese Mixed Vegetables Applesauce & Milk	30 Ham Patty w/Cheese on a Whole Grain Bun Corn Pears & Milk	31 Cheese Pizza (I&T W.G. Chicken Nuggets) Green Beans Mandarin Oranges & Milk		

--	--	--	--	--	--	--

